TALLAHASSEE LIFE!

Volume 15, Number 11

Your Home Team

Do you know somebody looking to sell or buy a home? Please tell them how hard we will work to earn their business.

NOV CONTEST

Please forward this to everyone who wants to find more enjoyment from their Tallahassee Life!



CONTACT INFO

Joe Manausa, MBA
Joe Manausa Real Estate
2066 Thomasville Road
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The final challenge for friggatriskaidekaphobiacs

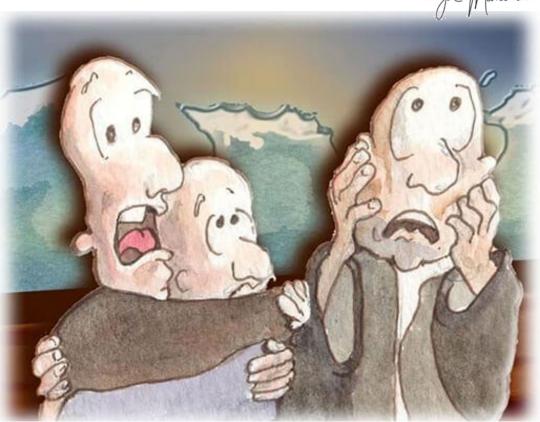
It's been a tough year for friggatriskaidekaphobiacs (people who have an irrational fear of Friday the 13th), with the third one coming up in two weeks after only having had one in all of 2014.

The fact is that, according to folklorists, there's no written evidence that Friday the 13th was considered unlucky before the 19th century, though Friday has always gotten a bad rap. In the Middle Ages, people would not marry – or set out on a journey – on a Friday.

Fortunately for our readers who enjoy

Tallahassee Life!, we have included events and activities in November, many of which can be enjoyed on Friday the 13th.

If you count yourself among the people who suffer from friggatriskaidekaphobia, perhaps it's time to take the bull by the horns and enjoy the day. Go to the North Florida Fair and check out the "Incredible Hypnotist" or the "Show-Me Swine Racers," and then take some time to feed the T-Rex. It will be the best, non-scary Friday the 13th experience of your life, I promise!



Help Find A Cure This November



November is
Diabetes
awareness
month. Learn
more about how
you can get
involved to help
find a cure.

Did you know that November is Diabetes Awareness month?

By definition, diabetes is a metabolic disease in which the body's inability to produce any or enough insulin causes elevated levels of glucose in the blood.

Diabetes is not something most of us think too much about in November. We think of fall, pretty colors and Thanksgiving.

The reality is that Diabetes affects nearly 30 million children and adults in the United States and is a disease that currently has no cure.



Diabetes awareness month is a wonderful time to encourage a family member, friend or coworker who may be struggling with the disease. For these people, diabetes is a 24/7 concern, as it affects every minute of their day and every aspect of their life.

For someone with diabetes, a day does not go by without constant blood sugar

checks, the miserable feeling of low blood sugar, needles, the smell of insulin after changing a pump site or filling a syringe and the feeling that they are a human pin cushion.



Even though Diabetes currently has no cure, there is so much research being done in that effort. Every year new technologies are being developed to help make living with diabetes more manageable and normal.

There are so many ways to get involved in supporting efforts to find a cure. There are a wide variety of charitable organizations that you can get involved with to help the cause.

I guarantee you probably know someone who either has diabetes or who has a family member living with this disease. November is a wonderful time to stop and encourage them!

If you want more information on how you can get involved in supporting those in Tallahassee living with diabetes, please give me a call!



The KEY to our business is referrals from past clients, friends, and family members just like you!



Stacie Boone REALTOR

See Stacie's Bio

The North Florida Fair ... In November?



Discover all there is to do at this year's North Florida Fair.



You can also get the most up to date Fair information on the North FL Fair Facebook Page and while you're at it, "Like" JMRE on Facebook.



Andrea Chapman REALTOR

See Andreas's Bio

The famous, "one and only" North Florida Fair will celebrate its 74th annual edition on November 5th through November 15th, 2015.

Each year the event organizers bring crowd-pleasing performances, award-winning plants and animals, home-made crafts, hands-on educational experiences, concerts, carnival rides and amazingly tasty food to the 100 acre fairgrounds at the corner of Paul Russell Road and South Monroe Street.

Tallahassee is a "Town and Country" place to live, and if you want to get to know our "Bubba" side, there is no better institution for intense study than the North Florida Fair.



Accordingly, there will be plenty of food on a stick, from the traditional corndogs and candied apples to the more exotic chocolate-covered-cheesecake, deep fried candy bars, and fried cheese.

Non-stick edibles include funnel cakes, rib-eye steak sandwiches, black-eyed peas and cornbread, and several varieties of pulled and barbecued meats.

Most years, the popular North Florida Fair has been held in late October, with a featured Haunted House exhibit. Why would that change?

I don't know for sure, but here's my best guess. As you live here for a while, you come to realize that Tallahassee is not a "hub" for any airline, and is not usually "on the way" to other to other places.

Getting people to visit us often requires careful planning and scheduling. Perhaps with this in mind, the event organizers scheduled the fair to fall after the Georgia National Fair and the Pensacola Interstate Fair rather than in competition with these fairs.

This strategy provides an excellent opportunity to attract additional fair vendors while they are in the area of North Florida and South Georgia, providing more variety for fair-goers, and greater potential revenue for the fair.

The regular gate admission prices are \$7.00 per adult, \$4.00 per youth (6-12), and FREE admission for children 5 and younger.

There are several bargains available on specific days for Senior Citizens , Military Veterans and Carpoolers.

So come on out! You only live once, and you won't want to miss this iconic Tallahassee event. SEE YOU AT THE FAIR!

Make Space For The Holidays



Looking to declutter? Check out these <u>25</u> great ideas for saving space in your home.

sually I will wait until after Christmas to start this adventure, but this year I want to have space already available so that toys, clothes and other gadgets don't sit under the Christmas tree for a week waiting for me to find space for them.

Here are some simple solutions to common storage problems:

Changing Table in the Wall: A small cut out in a wall with built-in mini-shelves for diapers, wipes, and other small items eliminates the need for a big, bulky changing table which can make the nursery feel cramped.



Stairway to Organization: Installing a pull out bin and/or shelves underneath your staircase can be a great way to maximize the use of space in a home and store shoes, backpacks, and other items to eliminate clutter on tables and countertops.

Repurposed Magazine Racks: Looking for a place to store your cutting boards? Try installing a magazine rack on the inside of one of your cabinet doors. Now you won't have to pull out the pots sitting on top of those boards every time you need one.

Wrapping Paper Holder: Looking for a place to keep your wrapping paper? IKEA sells plastic bag holders that work like a charm for holding wrapping paper rolls. Easily mount in any closet.



PVC Shelf: Make a few angled cuts to PVC pipe and attach them to a board. Put one hole on each corner of the board and hang from a peg board. This provides a great place to store pencils, screw drivers, zip ties, and other slim objects.



De-clutter your Truck: Installing a pull out drawer system will help you organize your vehicle and can be a great way to prevent a lot of junk from rolling around in the bed of your truck.

So get busy organizing! I promise that you will thank yourself later.



Buying or selling a home soon?
Check out all homes for sale on Tallahassee's fastest home search tool.
Updated 96 times per day.



Alex Nunez REALTOR

See Alex's Bio





Do you have recommendations for cool places or events to visit in or around Tallahassee?

Drop us a note and we'll write an article on it in next month's edition of Tallahassee Life!

Buying In 2015?





Eva Armstrong REALTOR

See Eva's Bio

There Are Many Ways To Give Thanks

Have you made plans to gather with family and friends this Thanksgiving?

For most Americans Thanksgiving is a holiday of traditions: someone cooks and prepares for hours, huge amounts of food are consumed (most over-eat), and many plop in front of the TV to watch football and sleep off the food. Sound familiar?

Our holiday does has some similarities to the first Thanksgiving in 1621. The Pilgrims invited the Native Americans to join them in a 3-day feast celebrating the first harvest of produce from their gardens.

What if there were options for achieving the same goals of getting together with loved ones and giving thanks for our bounty of riches with a different backdrop for the festivities?

My family developed a new tradition about 5 years ago and you might find some value in it for yours. The women in the family were tired preparing food away from the rest of the family and some of the adults wanted to do more activities after the meal.

None are into flag football anymore, although they have no problem watching copious amounts of football on TV.

So we prepare a sumptuous Thanksgiving meal (cooked the day ahead), pack it into a couple of picnic baskets and head for a local park or wildlife area.

Our favorite place is the St. Marks Wildlife Refuge where they have picnic

tables in several locations, a conveniently located bathroom, and more alligators than you can possible count.

There are lots of lovely areas to hold your Tallahassee Thanksgiving feast. Maclay Gardens has picnic tables located right by Lake Hall with the nature trail adjoining the parking lot.

Wakulla Springs State Park also provides the necessary accourtements for the outdoor holiday experience and comes with plenty of alligators to get the young ones excited.



The Lodge at Wakulla Springs also serves an amazing Turkey-Day buffet. It's so popular you have to make reservations as early as June to get a seat at the table!

Without football, it is a definitely a different kind of Thanksgiving experience.

But – it is possible with the natural surroundings and a nature walk in the woods to enjoy and somewhat appreciate what our forefathers experienced so long ago.

Regardless of how you decide to celebrate, Happy Thanksgiving!

Your New Favorite Hobby: Disc Golf



Get out and enjoy the fall weather! Tom Brown Park has an amazing 24-hole disc golf course that the entire family will enjoy.



Just down the street from Tom Brown Park, you'll find Piney Z Plantation. After your game of Disc Golf, make the quick drive and checkout the neighborhood.



Kevin Milligan REALTOR

See Kevin's Bio

If you've been to Tom Brown Park lately, you have probably noticed groups of happy park-goers throwing Frisbees through the trees and across the park.

These folks aren't chasing flying saucers or even throwing "Frisbees"; they are actually participating in one of America's fasting growing sports, disc golf. Disc golf is a sport that has recently exploded in popularity all across the world and it caters to enthusiasts of all ages and ability levels.

The Tallahassee Parks and Recreation Department now has two, 24-hole disc golf courses to challenge any skill level located at Tom Brown and Jack L. McLean Jr. Parks. The Tom Brown Park course is one of the highest rated courses in the country and offers plenty of obstacles and traps to challenge even the most skilled players.



A few weeks ago some friends and I contacted the Tallahassee Park District and inquired about disc golf lessons at Tom Brown Park. As luck would have it, one of the premier players in the world (yes, there is a professional Disc Golf Association), David Muntean was available to give us a free lesson!

David, a Tallahassee native, was kind enough to spend two hours teaching us the techniques and basics of disc golf so we could play the Tom Brown Park course on our own.

I learned that the rules are similar to regular golf, with the goal being to get the disc into a basket instead of a ball into a hole. I also learned that not all discs are created equal.



Just like standard golf with various clubs, disc golf utilizes various discs for various situations. For example, there are drivers, fairway drivers, mid-range drivers, and putters all with various ratings for lift, speed, hook, and slice.

The various discs are available at almost any sporting goods store at a fraction of the cost of golf clubs.

In my opinion of the biggest perks of playing disc golf is that it is a fun, outdoor sport for the entire family and the cost to participate is almost free. If you are looking for an affordable, outdoor activity for groups of all skill levels, I recommend checking out one of the excellent disc golf courses in Tallahassee.

(Iks usa)

Do you know a great candidate for this year's scholarship?
Contact the Tallahassee Elks
Lodge and submit an application.



Did you know that

Joe Manausa
Real Estate is
Veteran Owned
and Operated?
We support all
men and women
who have served
or are currently
serving in our
nation's military.



John Bozeman REALTOR

See John's Bio

Get Your Scholarships Here!

This may be a short notice, but did you know that The Elks National Foundation provides more than \$3.4 million in college scholarships each year through its three scholarship programs?

Start thinking of November in Tallahassee as the time of year to get your Scholarships!



The Elks National Foundation will award 500 four-year scholarships to the highest-rated applicants in the 2016 competition.

Any high school senior who is a citizen of the United States is eligible to apply and applicants need not be related to a member of the Elks.

All applicants must be citizens of the United States on the date their applications are signed; permanent legal resident status does not qualify. Male and female students compete separately.

The 2016 Most Valuable Student scholarship contest is open to any high school senior who is a US Citizen. Applicants will be judged on scholarship, leadership, and financial need.

Applications for the 2016 contest are available to download now and must be submitted to the Elks Lodge nearest to

the applicant's home by December 4, 2015.

Applications must advance through local, district and state competitions to reach national judging. At each level of judging, the Elks National Foundation Scholarship Office will send email notifications to applicants informing them if their status.

The first round of email notifications will be sent in mid-January after Lodge judging is completed. District judging will be occur in late January, and State judging will be completed in February.

In late April, the 20 top finalists will participate in a Leadership Weekend in Chicago during which they'll interview with the national judges.



These 20 finalists will be vying for two first-place awards of \$50,000; two second-place awards of \$40,000; and two third-place awards of \$30,000. The remaining 14 finalists will receive awards of \$20,000.

The 480 runners-up will receive fifth place scholarships of \$4,000.

Not too shabby, eh?

FOR SALE Joe Manausa Real Estate

(850) 888-0888 www.manausa.com

Home values in Tallahassee are on the rise. Are you interested in learning more about your home's value? We offer fast, free Home Valuations.



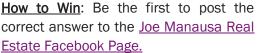
Would your local business like to sponsor next month's prize? Take our short survey and let us know.



Leave a comment and "Like" us on Facebook!

November Contest





<u>Up for Grabs</u>: A \$40 Donation Cup from everyone's favorite pizza joint, <u>Uncle Maddio's!</u>

QUESTION: Which hole has the PGA rated as the #2 handicap on the Fazio designed Golden Eagle Golf Course (most players consider it the toughest one to play)?



Last Month's Contest



Laura Wells Arnold was the winner of our October contest for being the first to post the correct answer to the <u>JMRE Facebook Page</u>. Her prize was a FREE carpet cleaning from <u>Main Cleaning</u> Solutions!



Question: 1934 Dellwood Dr. was a foreclosed property that has recently been purchased and renovated. Which Tallahassee business just made it their 2nd home?

<u>Answer</u>: Joe Manausa Real Estate just moved in, our second location!

Community Events



Is there a MUST
SEE event coming
soon that you'd
like everyone in
Tallahassee to
know about? Take
our quick survey
and tell us to get
the word out. We
truly
value our
customer
feedback.

Nov 1 <u>Lake Ella Sunday Brunch with The</u> Adventures of Annabelle Lynn

Nov 5-8 <u>FHSAA Cross Country State</u> <u>Finals 2015</u>

Nov 5-15 North Florida Fair

Nov 6 Live Music and Art

Nov 6 Zoobilee @ Tallahassee Museum

Nov 6-15 <u>"Outside Mullingar" presented</u> by Tallahassee Irish Repertory Theater

Nov 7 Goodwood Jams

Nov 7 Wish Upon a Star

Nov 7 <u>GRAND OPENING—Venvi Art</u> <u>Gallery</u>

Nov 8 Yoga & a Brew @ Proof Brewing Co.

Nov 10 To Kill a Mockingbird

Nov 11 <u>It's A Mad, Mad, Mad, Mad</u> World

Nov 12 <u>FSU Warchant Featuring Zac</u> Brown Band

Nov 13-22 <u>A Christmas Carol, The</u> Musical

Nov 13 <u>FSU Pow Wow Featuring Amy</u> <u>Schumer & Friends</u>

Nov 14 <u>FSU vs. North Carolina State</u> <u>University</u>

Nov 15 Publix Race 13.1 Tallahassee

Nov 21 FSU vs. The University of Tennessee Chattanooga

Nov 21 Bradley's Fun Day

Nov 27-28 <u>Fast Break Basketball</u> Invitational Tournament

Nov 28 Giving Thanks: 17th-Century Appalachee & Spanish Cooking

Nov 28-29 The Nutcracker



What did we miss?

We take pride in making sure our customers are informed of all major "happenings" in Tallahassee. If we missed something (or if you want to make sure we don't miss something in our next issue), just <u>drop Joe a note</u> and let us know.

Follow us on Google+





Need a plumber, electrician, or new roof? What about financial advice or accounting services? How about a home warranty?

Click here to check out our recommended list of vendors in Tallahassee.



Accountants

Starace Accounting

www.AccountingTallahassee.com (850) 846-6382

Cleaning Services

Chris Hall

(850) 933-8481

Kara Cleaning Services

(850) 405-3839

Main Cleaning Solutions LLC

Facebook Page (850) 728-4284

Electricians

Troy's Electric, Inc.

(850) 933-8793

CL Williams Contracting

(850) 545-5882

Financial Advisors

Pete Tychsen

www.PreservationFinancialGroup.com (850) 523-7877

Heating & Air

Riverside Heating & Air

www.tallahasseehvac.org (850) 633-4896

Mayfield Heating & Air

www.mayfieldhvac.com (850)766-2376

Home Inspectors

House Huggers

(850) 508-4123

Often times, homeowners want to know "who to call," so consider this a great starting point. These are the service providers with whom we currently work and trust (updated monthly). If you belong on this list ... let us know at info@manausa.com.

Pillar To Post

www.pillartopost.com (850) 562-0578

Southern Home Consultants

www.southernhomeconsultant.com (850) 668-0917

Wagner Home Inspections

www.wagnerinspections.com (850) 222-4776

Home Warranty Quote

We'll Get You A Best Quote

(850) 888-0888

Insurance

Chad Gardner

www.mckeeagency.com (850 545-0833

Pest Control

1st Choice Pest Control

www.southwindpestandtermite.com (850) 656-5982

Garnet & Gold Pest Control

Google Plus Page (850) 926-1226

Plumbing

Dowdy Plumbing

www.dowdyplumbing.com (850) 656-1211

CL Williams

(850) 545-5882

Real Estate Attorneys

Manausa Law Firm

www.manausalaw.com (850) 597-7616

Hayward Title

Google Plus Page (850) 386-4400

Repairs

ANDCAT, Inc.

(850) 980-6999

Andy Bailey's Property Maintenance

(850) 545-5631

Roofing

Lloyd Roofing

www.lloydroofingandconstruction.com (850) 251-3511

Fain Pools & Roofs

www.fainbuilders.com (850) 509-0524

Structural Engineers

Barkley Engineers

www.barkleyengineering.com (850) 297-0440

Blackhawk Engineering

www.blackhawkengineers.com (850) 224-4295

Surveyors

Meridian Surveying and Mapping

www.msmincorp.com (850)668-7641

B&D Land Surveying

Google Plus Page (850) 421-1435